



Transgender Services September 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 The Center is CLOSED for Labor Day Holiday
2 BeTheGeneration Know Your Status! Get Tested!	3 The Center is CLOSED for Labor Day Holiday	4 Community Food Distribution (The Center) 9am – <i>Open to all</i> Name & Gender Marker Change Clinic 6:30pm Michael Dillon Society (1 st Tuesday Monthly) 7pm	5	6 Non-Binary Gender Identity & Exploration (1 st & 3 rd Thurs) 7:30pm ThursTAYs @ HYC (Ages 18-24) 5:30-8:30pm	7 Transgenero 2000 6pm in Latino Services <i>1st & last Friday of month</i>	8 Transgender Discussion Group 5:15pm
9 Get Tested with Deja, Transgender Services Coordinator Mondays 2pm-5pm	10 Mobile Medical Unit (The Center) 3-7pm Transgender Coming Out Group 7pm	11	12 “Diamonds in the Rough” Trans Women/Transfeminine Support Group – MIDDAY <i>Contact OnDuty for more info</i> FTM/Trans Male Discussion Group 7pm (2 nd & 4 th Wed)	13 Free Legal Clinic (The Center) 9:30am-12pm Trans Veterans & Military Group 7pm	14 Transgender Game Night (2 nd Friday Monthly) 6pm	15 Transgender Health & Wellness Day (The Center) 10:30am-5pm Transgender Discussion Group 5:15pm
16 HIV & HepC Testing Daily at The Center M-F 9am-7pm Sat 9am-2pm Free & Confidential	17 Mobile Medical Unit (The Center) 3-7pm Transgender Coming Out Group 7pm	18	19	20 Non-Binary Gender Identity & Exploration (1 st & 3 rd Thurs) 7:30pm ThursTAYs @ HYC (Ages 18-24) 5:30-8:30pm	21	22 Transgender Discussion Group 5:15pm
23	24 Mobile Medical Unit (The Center) 3-7pm Transgender Coming Out Group 7pm	25 Senior Food Bank 1pm <i>Contact Senior Services for more info</i>	26 “Diamonds in the Rough” Trans Women/Transfeminine Support Group – MIDDAY <i>Contact OnDuty for more info</i> FTM/Trans Male Discussion Group 7pm (2 nd & 4 th Wed)	27 Free Legal Clinic (The Center) 9:30am-12pm Trans Veterans & Military Group 7pm	28 Transgenero 2000 6pm in Latino Services <i>1st & last Friday of month</i>	29 The Center is CLOSED for AIDS Walk & Run
30						



Transgender Services September 2018

MORE INFORMATION ON OUR TRANSGENDER SERVICES:

NEW EVENT- Saturday September 15, Transgender Health & Wellness day

The UC San Diego AntiViral Research Center's (AVRC) Transgender/Gender Non-Conforming Community Advisory Board, in collaboration with the San Diego Lesbian, Gay, Bisexual and Transgender Community Center (The Center), are excited to present the first annual San Diego Transgender Health and Wellness Day. The event will be held at The Center, 3909 Centre St., San Diego, CA 92103.

We will bring together the transgender community in the San Diego region to promote and enhance their health and wellness. Topics include, but are not limited to: healthcare navigation, hormones, mental health, HIV medication adherence and more. We expect over 100 attendees, consisting of HIV-impacted transgender community members along with service providers, physicians, nurses and clinical researchers from San Diego County. Join us as we celebrate life, health and wellness.

*Please visit <https://thwd2018.eventbrite.com> to RSVP

**Please request any childcare or interpretation services.

NEW SOCIAL- 1st Tuesday of Each Month, Michael Dillion Society

The Michael Dillon Society is a Trans Male social group that meets monthly. This is a space for trans-men to socialize and have a good time. Food and drinks will be provided. For more information, contact transgender services at trans@thecentersd.org or ext. 109

NEW SOCIAL- 2nd Friday of Each Month, Transgender Game Night

Please join us for a night of laughs, fun, and unforgettable memories at our monthly Transgender Game Night! Second Friday of Every Month. 6pm-830pm. For more information, contact transgender services at trans@thecentersd.org or ext. 109

Mondays, 3pm, Mobile Medical Unit at The Center

The Family Health Centers of San Diego Mobile Medical Unit will be located in The Center's parking lot every Monday from 3-7 pm! Services include basic primary care, immunizations, PEP & PrEP (through Rx), STD screening & treatment, chest/breast cancer screening, family planning, pap smears, pregnancy testing, hormone therapy and sick & well visits. Contact The Center at 619.692.2077 x208 to make an appointment!

Mondays, 7pm, Transgender Coming Out Group

This group supports transgender people in all stages of exploring gender identity. Open to transgender women (MTF), transgender men (FTM), non-binary/genderqueer/gender non-conforming people, people who are intersex and those questioning their gender identity. SOFFAs (significant others, friends, family, allies) are welcome to attend with their transgender loved ones. For more information, contact our transgender services at trans@thecentersd.org.

1st Tuesday of Each Month, 9am, Community Food Distribution – Open to all

The San Diego LGBT Community Center hosts a distribution site once a month for the Community Cares Project of the San Diego Food Bank. On the first Tuesday of every month, 9-10:30 am, visit The Center's parking lot for emergency food. For more information, visit the San Diego Food Bank website.

1st Tuesday of Each Month, Name & Gender-Marker Changes Free Legal Clinic

USD Pride Law is sponsoring the Transgender Name and Gender Marker Change Program to provide legal assistance to trans* individuals seeking name and gender-marker changes through the San Diego County court system. Law students and attorney volunteers will assist eligible clients in completing the requisite applications and navigating the process of obtaining a name and/or gender marker change. Appointments are available at The Center on the first Tuesday of each month. To schedule an appointment email Helen at transclinic.sandiego@gmail.com.

Wednesday, September 12 & 26, Midday, "Diamond in the Rough"

TransWomen/Transfeminine Support Group Therapist-lead support group for transgender women and transfeminine individuals, topics vary. Group is closed format and must meet with group facilitator prior to joining. Contact Paty 619.692.2077 x200 for more information or email onduty@thecentersd.org.

Wednesday, September 12 & 26 7pm, FTM Discussion Group

Discussion group for male-identified, questioning or self-identifying on the male spectrum folks who were assigned female at birth. For more information, contact transgender services at trans@thecentersd.org or ext. 109

Thursday, September 6 & 20, 7:30pm, Non-Binary Gender Identity and Exploration

This is a discussion and support group for non-binary, genderqueer, and gender non-conforming individuals. Anyone who identifies with any part of the non-binary gender spectrum or anyone questioning/exploring their gender identity is welcome to join. This group also serves as a social gathering space for non-binary individuals, and casual social interaction is integrated with more structured discussion. 1st and 3rd Thursdays monthly, 7:30–8:45pm. For more information, contact trans@thecentersd.org or 619.692.2077 x109.

Thursday, September 13 & 27, 9:30-11:30am, Free Legal Clinic

The Access to Law Initiative, a project of California Western School of Law, will now be holding its legal clinic here at The Center on the second and fourth Thursday of each month from 9:30-11:30am. At these clinics, attorneys will be available for free, 30-minute consultations to help evaluate legal issues. No appointment is required. For more information, call 619.692.2077.

Thursday, September 13 & 27, 7pm, Trans Veterans and Military Support Group

Meet other Veterans and active duty Trans folks to support and share resources for smoother transitions within the military and VA agencies, great place to share your hopes and struggles. This group meets on the 2nd and 4th Thursday at the Center at 7 pm. For more information, contact transgender services at trans@thecentersd.org or ext. 109

Viernes, septiembre 7 & 28, 6pm, Grupo de apoyo: Transgenero 2000

Este grupo se lleva a cabo de 6pm a 8pm, es un grupo abierto a familias, amigos y personas que quieran comprender y dar apoyo a personas transgenero, en este grupo se dan diferentes temas educativos y tambien se comparten sus experiencias de la vida. Viernes primero y cuarto mensual.

Saturdays, 5:15pm, Transgender Discussion Group

A discussion and support group for transgender and trans-questioning folks ages 18 and up. Meet lots of different members of the Trans and Gender Non-binary community. Discuss ideas and share resources. Occurs every Saturday except when the Center is closed for Holidays or LGBT events. For more information, contact transgender services at trans@thecentersd.org or ext. 109

Check Out Our Testing Hours!

Free HIV and Hepatitis C testing is available at The Center Monday-Friday 9am-8pm (last test at 7pm) and Saturday 10am-4pm (last test at 3pm). You can make an appointment or get more information by calling 619.692.2077 x101.

Under 25 and Looking for Transgender Resources?

Our new trans youth services navigator, a.t. furuya, is available to help trans youth 25 and younger with accessing resources such as support groups, housing, surgery, hormones, mentorships, mediations with families and schools, name and gender change and more! Contact them at atfuruya@thecentersd.org or 619.692.2077 x209.

Find out more at: www.thecentersd.org/programs/transgender-services/ or www.facebook.com/TGCenter/