



Transgender Services March 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 ThursTAYs @ HYC (Ages 18-24) 5:30-8:30pm Non-Binary Gender Identity & Exploration (1 st & 3 rd Thurs) 7:30pm	2 Transgenero 2000 6pm in Latino Services 1 st & last Friday of month	3 Transgender Discussion Group 5:15pm
4 Transforming Family Once a Month <i>Contact Transgender Services for more info</i>	5 Mobile Medical Unit (The Center) 3-7pm Transgender Coming Out Group 7pm	6 Community Food Distribution (The Center) 9am – Open to all Name & Gender-Marker Changes Clinic 6:30pm	7	8 ThursTAYs @ HYC (Ages 18-24) 5:30-8:30pm Trans Veterans & Military Group 7pm	9	10 Transgender Discussion Group 5:15pm
11 HIV & HepC Testing Daily at The Center M-F 9am-7pm Sat 9am-2pm Free & Confidential	12 Mobile Medical Unit (The Center) 3-7pm Transgender Coming Out Group 7pm	13 Free Legal Clinic (The Center) 2 nd & 4 th Tues 9:30am-12pm	14 “Diamonds in the Rough” Trans Women/Transfeminine Support Group – Midday <i>Contact OnDuty for more info</i> FTM & Trans SOFFA Joint Discussion Group 7pm (2 nd & 4 th Wed)	15 ThursTAYs @ HYC (Ages 18-24) 5:30-8:30pm Non-Binary Gender Identity & Exploration (1 st & 3 rd Thurs) 7:30pm	16	17 Transgender Discussion Group 5:15pm
18	19 Mobile Medical Unit (The Center) 3-7pm Transgender Coming Out Group 7pm	20	21	22 ThursTAYs @ HYC (Ages 18-24) 5:30-8:30pm Trans Veterans & Military Group 7pm	23	24 Transgender Discussion Group 5:15pm
25 BeTheGeneration Know Your Status! Get Tested!	26 Mobile Medical Unit (The Center) 3-7pm Transgender Coming Out Group 7pm	27 Free Legal Clinic (The Center) 2 nd & 4 th Tues 9:30am-12pm Senior Food Bank 1pm	28 “Diamonds in the Rough” Trans Women/Transfeminine Support Group – Midday <i>Contact OnDuty for more info</i> FTM & Trans SOFFA Separate Discussion Group 7pm (2 nd & 4 th Wed)	29	30 The Center CLOSED	31

MORE INFORMATION ON OUR TRANSGENDER SERVICES:

The Center is CLOSED Friday & Saturday, March 30-31 for Cesar Chavez Day.

Mondays, 3pm, Mobile Medical Unit at The Center

The Family Health Centers of San Diego Mobile Medical Unit will be located in The Center's parking lot every Monday from 3-7 pm! Services include basic primary care, immunizations, PEP & PrEP (through Rx), STD screening & treatment, chest/breast cancer screening, family planning, pap smears, pregnancy testing, hormone therapy and sick & well visits. Contact The Center at 619.692.2077 x208 to make an appointment!

Mondays, 7pm, Transgender Coming Out Group

This group supports transgender people in all stages of exploring gender identity. Open to transgender women (MTF), transgender men (FTM), non-binary/genderqueer/gender non-conforming people, people who are intersex and those questioning their gender identity. SOFFAs (significant others, friends, family, allies) are welcome to attend with their transgender loved ones. For more information, contact our transgender services at trans@thecentersd.org.

1st Tuesday of Each Month, Name & Gender-Marker Changes Free Legal Clinic

Meet with attorneys and law students who can provide assistance filling out the forms required to apply for a court order necessary to change your name and(or) gender marker on birth certificates and other official documents. Upcoming 2018 Dates: Mar 6, Apr 3 & May 1. Appts. Available: 6:30, 7:30 & 8:15 pm. To schedule an appt. call: 732.567.8394 or email transclinic.sandiego@gmail.com. Walk-ins will be assisted based on availability.

Tuesday, March 6, 9am, Community Food Distribution – Open to all

The San Diego LGBT Community Center hosts a distribution site once a month for the Community Cares Project of the San Diego Food Bank. On the first Tuesday of every month, 9-10:30 am, visit The Center's parking lot for emergency food. For more information, visit the San Diego Food Bank website.

Tuesday, March 13 & 27, 9:30-11:30am, Free Legal Clinic

The Access to Law Initiative, a project of California Western School of Law, holds legal clinics the second and fourth Tuesdays of each month from 9:30-11:30am at The Center. At these clinics, attorneys will be available for free, 30-minute consultations to help evaluate legal issues. No appointment is required. For more information, call 619.692.2077.

Tuesday, March 27, 1pm, Senior Food Bank

The Senior Food Bank provides food and nutritional education to eligible low-income seniors 60 years or older once a month. Eligible applicants can enroll in the program by applying in person the day-of at The Center or by calling the Jacobs & Cushman San Diego Food Bank. 866.350.3663

Wednesday, March 14 & 28, Midday, “Diamond in the Rough” Trans Women/Transfeminine Support Group

Therapist-lead support group for transgender women and transfeminine individuals, topics vary. Group is closed format and must meet with group facilitator prior to joining. Contact Paty 619.692.2077 x200 for more information or email onduty@thecentersd.org.

Wednesday, March 14 & 28, 7pm, FTM Discussion Group & SOFFA Discussion Group

Support group for male-identified, questioning or self-identifying on the male spectrum folks who were assigned female at birth. Significant others are invited on the 2nd Wednesday of the month for joint discussion. On the 4th Wednesday of every month, anyone who is a SOFFA (significant other, friends, family or ally) of a Transgender person are welcome to join. For more information, contact transgender services at trans@thecentersd.org.

Thursdays, 5:30pm, ThursTAYS for 18-24 year olds @ Hillcrest Youth Center

This weekly space is open to LGBTQIA Transitional Age Youth (TAY) who are looking to connect with community and attend life skills workshops (ages 18-24 years old). There will be regular opportunities to learn about sexual health and identities. For more information, email HYC@thecentersd.org.

Thursday, March 1 & 15, 7:30pm, Non-Binary Gender Identity and Exploration

This is a discussion and support group for non-binary, genderqueer, and gender non-conforming individuals. Anyone who identifies with any part of the non-binary gender spectrum or anyone questioning/exploring their gender identity is welcome to join. Group facilitators bring topics of discussion while leaving plenty of space for group members to steer the conversation where they would like it to go. This group also serves as a social gathering space for non-binary individuals, and casual social interaction is integrated with more structured discussion. The group meets on the 1st and 3rd Thursdays monthly, from 7:30–8:45pm at The Center. For more information, contact David Vance at dvance@thecentersd.org or 619.692.2077 x109.

Thursday, March 8 & 22, 7pm, Trans Veterans and Military Support Group

Meet other Veterans and active duty Trans folks to support and share resources for smoother transitions within the military and VA agencies, great place to share your hopes and struggles. This group meets on the 2nd and 4th Thursday at the Center at 7 pm. For more information, contact transgender services at trans@thecentersd.org.

Viernes, Marzo 2, 6pm, Grupo de apoyo: Transgenero 2000

Este grupo se lleva a cabo de 6pm a 8pm, es un grupo abierto a familias, amigos y personas que quieran comprender y dar apoyo a personas transgenero, en este grupo se dan diferentes temas educativos y tambien se comparten sus experiencias de la vida. Viernes primero y cuarto mensual.

Saturdays, 5:15pm, Transgender Discussion Group

***CANCELLED on Saturday, March 31**

A discussion and support group for transgender and trans-questioning folks ages 18 and up. Meet lots of different members of the Trans and Gender Non-binary community. Discuss ideas and share resources. Occurs every Saturday except when the Center is closed for Holidays or LGBT events. For more information, contact transgender services at trans@thecentersd.org.

Various Sundays, Transforming Family

This is a support group for families with gender-diverse children. Transforming Family provides a supportive environment for children, adolescents and their families to explore issues of gender identity. The goal is to empower children and families to create supportive and inclusive environments in which gender may be freely expressed and respected. The group meets on various Sundays. Sunday meetings welcome children as well, with a playgroup and teen support. This is a closed meeting at a private location. For more information or to join, please contact transgender services at trans@thecentersd.org.

Check Out Our Testing Hours!

Free HIV and Hepatitis C testing is available at The Center Monday-Friday 9am-8pm (last test at 7pm) and Saturday 10am-4pm (last test at 3pm). You can make an appointment or get more information by calling 619.692.2077 x101.

Under 25 and Looking for Transgender Resources?

Our new trans youth services navigator, a.t. furuya, is available to help trans youth 25 and younger with accessing resources such as support groups, housing, surgery, hormones, mentorships, mediations with families and schools, name and gender change and more! Contact them at atfuruya@thecentersd.org or 619.692.2077 x209.

Find out more at: www.thecentersd.org/programs/transgender-services/ or www.facebook.com/TGCenter/