



Transgender Services July 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 BeTheGeneration Know Your Status! Get Tested!	2 Mobile Medical Unit (The Center) 3-7pm Transgender Coming Out Group 7pm	3 Community Food Distribution (The Center) 9am – <i>Open to all</i> Name & Gender-Marker Clinic 6:30pm	4 The Center is CLOSED for 4th of July holiday	5 Non-Binary Gender Identity&Exploration (1 st & 3 rd Thurs) 7:30pm	6 Transgenero 2000 6pm in Latino Services <i>1st & last Friday of month</i>	7 Transgender Discussion Group 5:15pm
8 HIV & HepC Testing Daily at The Center M-F 9am-7pm Sat 9am-2pm Free and Confidential	9 Mobile Medical Unit (The Center) 3-7pm Transgender Coming Out Group 7pm	10	11 “Diamonds in the Rough” Trans Women/Transfeminine Support Group – Midday <i>Contact OnDuty for more info</i> FTM/Trans Male Discussion Group 7pm (2 nd & 4 th Wed)	12 Free Legal Clinic (The Center) 9:30am-12pm Trans Veterans & Military Group 7pm	13 The Center CLOSSES at 12pm on Friday, July 13 for PRIDE Weekend	14 The Center is CLOSED for PRIDE Weekend
15 The Center re-OPENS at 12pm on Monday, July 16 due to PRIDE Weekend	16 Mobile Medical Unit (The Center) 3-7pm Know Your Rights 5pm-7pm Transgender Coming Out Group 7pm	17	18	19 Non-Binary Gender Identity&Exploration (1 st & 3 rd Thurs) 7:30pm	20	21 Transgender Discussion Group 5:15pm
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MORE INFORMATION ON OUR TRANSGENDER SERVICES:

Monday July 16 - Know Your Rights: Transgender Rights Under CA Law

Staff from your local ACLU and LGBT Center will be hosting an Know Your Rights event to brief our San Diego trans community about crucial rights that they have under CA law. Learn about your rights accessing facilities, identification, and more. Refreshments and light bites will be provided. For more information, contact Deja at dcabrera@thecentersd.org or 619.692.2077 x109

Mondays, 3pm, Mobile Medical Unit at The Center

The Family Health Centers of San Diego Mobile Medical Unit will be located in The Center's parking lot every Monday from 3-7 pm! Services include basic primary care, immunizations, PEP & PrEP (through Rx), STD screening & treatment, chest/breast cancer screening, family planning, pap smears, pregnancy testing, hormone therapy and sick & well visits. Contact The Center at 619.692.2077 x208 to make an appointment!

Mondays, 7pm, Transgender Coming Out Group

This group supports transgender people in all stages of exploring gender identity. Open to transgender women (MTF), transgender men (FTM), non-binary/genderqueer/gender non-conforming people, people who are intersex and those questioning their gender identity. SOFFAs (significant others, friends, family, allies) are welcome to attend with their transgender loved ones. For more information, contact our transgender services at trans@thecentersd.org.

1st Tuesday of Each Month, 9am, Community Food Distribution – Open to all

The San Diego LGBT Community Center hosts a distribution site once a month for the Community Cares Project of the San Diego Food Bank. On the first Tuesday of every month, 9-10:30 am, visit The Center's parking lot for emergency food. For more information, visit the San Diego Food Bank website.

1st Tuesday of Each Month, Name & Gender-Marker Changes Free Legal Clinic

USD Pride Law is sponsoring the Transgender Name and Gender Marker Change Program to provide legal assistance to trans* individuals seeking name and gender-marker changes through the San Diego County court system. Law students and attorney volunteers will assist eligible clients in completing the requisite applications and navigating the process of obtaining a name and/or gender marker change. Appointments are available at The Center on the first Tuesday of each month. To schedule an appointment, call 732.567.8394 or email transclinic.sandiego@gmail.com.

Wednesday, July 11 & 25, Midday, “Diamond in the Rough” Trans Women/Transfeminine Support Group

Therapist-lead support group for transgender women and transfeminine individuals, topics vary. Group is closed format and must meet with group facilitator prior to joining. Contact Paty 619.692.2077 x200 for more information or email onduty@thecentersd.org.

Wednesday, July 11 & 25 7pm, FTM Discussion Group

Discussion group for male-identified, questioning or self-identifying on the male spectrum folks who were assigned female at birth. For more information, contact transgender services at trans@thecentersd.org or ext. 109

Thursday, July 12 & 26, 9:30-11:30am, Free Legal Clinic

The Access to Law Initiative, a project of California Western School of Law, will now be holding its legal clinic here at The Center on the second and fourth Thursday of each month from 9:30-11:30am. At these clinics, attorneys will be available for free, 30-minute consultations to help evaluate legal issues. No appointment is required. For more information, call 619.692.2077.

Thursday, July 5 & 19, 7:30pm, Non-Binary Gender Identity and Exploration

This is a discussion and support group for non-binary, genderqueer, and gender non-conforming individuals. Anyone who identifies with any part of the non-binary gender spectrum or anyone questioning/exploring their gender identity is welcome to join. This group also serves as a social gathering space for non-binary individuals, and casual social interaction is integrated with more structured discussion. 1st and 3rd Thursdays monthly, 7:30–8:45pm. For more information, contact trans@thecentersd.org or 619.692.2077 x109.

Thursday, July 12 & 26, 7pm, Trans Veterans and Military Support Group

Meet other Veterans and active duty Trans folks to support and share resources for smoother transitions within the military and VA agencies, great place to share your hopes and struggles. This group meets on the 2nd and 4th Thursday at the Center at 7 pm. For more information, contact transgender services at trans@thecentersd.org or ext. 109

Viernes, Julio 6 & 27, 6pm, Grupo de apoyo: Transgenero 2000

Este grupo se lleva a cabo de 6pm a 8pm, es un grupo abierto a familias, amigos y personas que quieren comprender y dar apoyo a personas transgenero, en este grupo se dan diferentes temas educativos y tambien se comparten sus experiencias de la vida. Viernes primero y cuarto mensual.

Saturdays, 5:15pm, Transgender Discussion Group

A discussion and support group for transgender and trans-questioning folks ages 18 and up. Meet lots of different members of the Trans and Gender Non-binary community. Discuss ideas and share resources. Occurs every Saturday except when the Center is closed for Holidays or LGBT events. For more information, contact transgender services at trans@thecentersd.org or ext. 109

Check Out Our Testing Hours!

Free HIV and Hepatitis C testing is available at The Center Monday-Friday 9am-8pm (last test at 7pm) and Saturday 10am-4pm (last test at 3pm). You can make an appointment or get more information by calling 619.692.2077 x101.

Under 25 and Looking for Transgender Resources?

Our new trans youth services navigator, a.t. furuya, is available to help trans youth 25 and younger with accessing resources such as support groups, housing, surgery, hormones, mentorships, mediations with families and schools, name and gender change and more! Contact them at atfuruya@thecentersd.org or 619.692.2077 x209.

Find out more at: www.thecentersd.org/programs/transgender-services/ or www.facebook.com/TGCenter/