



Transgender Services May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Dinning Out For Life! ALL DAY Non-Binary Gender Identity&Exploration (1 st & 3 rd Thurs) 7:30pm	3 Transgenero 2000 6pm in Latino Services <i>1st & last Friday of month</i>	4 Transgender Discussion Group 5:15pm
5 HIV & HepC Testing Daily at The Center M-F 9am-7pm Sat 9am-2pm Free & Confidential	6 Mobile Medical Unit (The Center) 3-7pm Transgender Coming Out Group 7pm	7 Community Food Distribution (The Center) 9am – <i>Open to all</i> Michael Dillon Society 7pm	8 “Diamonds in the Rough” Trans Women/Transfeminine Support Group – Midday <i>Contact OnDuty for more info</i> Trans Masculine Discussion Group 7pm (2 nd & 4 th Wed)	9 Free Legal Clinic (The Center) 9:30am-12pm	10	11 Transgender Discussion Group 5:15pm
12	13 Mobile Medical Unit (The Center) 3-7pm Transgender Coming Out Group 7pm	14 Name & Gender Marker Change Clinic 6:30pm	15	16 Non-Binary Gender Identity&Exploration (1 st & 3 rd Thurs) 7:30pm	17 11th Annual Harvey Milk Diversity Breakfast 7:30am – 9am	18 Monica Helms Meet & Greet 5pm Transgender Discussion Group 5:15pm
19 BeTheGeneration Know Your Status! Get Tested!	20 Mobile Medical Unit (The Center) 3-7pm Transgender Coming Out Group 7pm	21 Transgender Game Night (3rd Tuesday Monthly) 6pm	22 “Diamonds in the Rough” Trans Women/Transfeminine Support Group – Midday <i>Contact OnDuty for more info</i> Trans Masculine Discussion Group 7pm (2 nd & 4 th Wed)	23 Free Legal Clinic (The Center) 9:30am-12pm	24	25 CLOSED for Memorial Day Weekend
26 CLOSED for	27 Memorial Day Weekend	28 Senior Food Bank 1pm <i>Contact Senior Services for more info</i> Trans Veterans & Military Group (94th Aero squadron, 8885 Balboa Ave) 7pm	29	30	31 Transgenero 2000 6pm in Latino Services <i>1st & last Friday of month</i>	

MORE INFORMATION ON OUR TRANSGENDER SERVICES:

The Center is CLOSED: Saturday May 25 - 27 for Memorial Day Weekend.

***EVENT- Saturday, May 18, 5-6:30pm, Monica Helms, Meet & Greet**

Join us at The Center as we welcome transgender activist and creator of the transgender flag, Monica Helms, to San Diego! She will be reading excerpts from her book "More Than Just A Flag", signing books and transgender flags, and take questions from those in attendance. Helms created the transgender pride flag in 1999 and it was first flown in 2000 at a pride parade in Phoenix, Arizona. Helms continues to advocate for transgender service members and veterans, as the end of the prolific Don't Ask Don't Tell policy of the United States military did not change the status of transgender military personnel. She made history when she was elected as a delegate to the 2004 Democratic National Convention in Boston, Massachusetts and was the first trans person elected to a DNC Convention United States South.

For more information and accessibility requests please contact, trans@thecentersd.org. A 72 Hour Advance notice for ASL interpreters is greatly appreciated.

***EVENT- Thursday May 2- Dining Out for Life!**

Join us Thursday, May 2 for the 13th Annual Dining Out For Life® San Diego! We are so excited that this year, #DOFLSD will feature participating locations from neighborhoods throughout San Diego! There are more than 80 participating locations donating 25% percent or more of their sales on the day of the event to support HIV services and prevention programs at The Center. This includes a record number of 17 restaurants giving 50% or more to the Dining Out For Life San Diego.

***EVENT- Friday May 17 7:30am - 9am - 11th Annual Harvey Milk Diversity Breakfast**

The Harvey Milk Diversity Breakfast is designed to bring together more than 1,000 diverse San Diegans – business, labor, Democrats, Republicans, all communities, all ages, all San Diegans who support equality and justice – to celebrate the memory of this influential civil rights activist. The 2019 Harvey Milk Diversity Breakfast will be held on Friday, May 17, at the [Hilton San Diego Bayfront](#) Hotel. Proceeds benefit the social services programs of the [San Diego LGBT Community Center](#). Visit us at events.thecentersd.org/HMDB for tickets and more information.

***TRANS SOCIAL, Michael Dillon Society**

The Michael Dillon Society is a Trans Male social group that meets monthly. This is a space for trans- to socialize and have a good time. For more information, contact transgender services at trans@thecentersd.org or 619.692.2077 x109

***TRANS SOCIAL- NEW DAY- 3rd Tuesday of Each Month, Transgender Game Night**

Please join us for a night of laughs, fun, and unforgettable memories at our monthly Transgender Game Night! Third Tuesday of Every Month. 6pm-8:30pm. For more information, contact transgender services at trans@thecentersd.org or 619.692.2077 x109

***NEW DATE AND LOCATION- 4th Tuesday, 7pm, Trans Veterans and Military Support Group**

Meet other Veterans and active duty Trans folks to support and share resources for smoother transitions within the military and VA agencies, great place to share your hopes and struggles. This group meets on the 4th Tuesday at 94th Aero squadron, 8885 Balboa Ave, San Diego, CA 92123. For more information, contact transgender services at trans@thecentersd.org or 619.692.2077 x109

Mondays, 3pm, Mobile Medical Unit at The Center **EXCEPT Monday May 27th**

The Family Health Centers of San Diego Mobile Medical Unit will be located in The Center's parking lot every Monday from 3-7 pm! Services include basic primary care, immunizations, PEP & PrEP (through Rx), STD screening & treatment, chest/breast cancer screening, family planning, pap smears, pregnancy testing, hormone therapy and sick & well visits. Contact The Center at 619.692.2077 x208 to make an appointment!

Mondays, 7pm, Transgender Coming Out GroupEXCEPT Monday May 27th****

This group supports transgender people in all stages of exploring gender identity. Open to transgender women (MTF), transgender men (FTM), non-binary/genderqueer/gender non-conforming people, people who are intersex and those questioning their gender identity. SOFFAs (significant others, friends, family, allies) are welcome to attend with their transgender loved ones. For more information, contact our transgender services at trans@thecentersd.org or 619.692.2077 x109

May 7, 9am, Community Food Distribution Site - Open to all

The San Diego LGBT Community Center hosts a distribution site once a month for the Community Cares Project of the San Diego Food Bank. On the first Tuesday of every month, 9-10:30 am, visit The

Center's parking lot for food distribution. For more information, visit the San Diego Food Bank website.

***NEW DAYS 2nd Tuesday and 4th Wednesday of Each Month, Name & Gender-Marker Changes Free Legal Clinic**

*** USD Pride Law is sponsoring the Transgender Name and Gender Marker Change Program to provide legal assistance to trans* individuals seeking name and gender-marker changes through the San Diego County court system. Law students and attorney volunteers will assist eligible clients in completing the requisite applications and navigating the process of obtaining a name and/or gender marker change. Appointments are available at The Center on the second Tuesday and fourth Wednesday of each month. To schedule an appointment email Helen at transclinic.sandiego@gmail.com.

Wednesday, May 8 & 22, Midday, "Diamond in the Rough" TransWomen/Transfeminine

Support Group Therapist-lead support group for transgender women and transfeminine individuals, topics vary. Group is closed format and must meet with group facilitator prior to joining. Contact Paty 619.692.2077 x200 for more information or email onduty@thecentersd.org.

Wednesday, May 8 & 22, 7pm, Trans Masculine Discussion Group

Discussion group for male-identified, questioning or self-identifying on the male spectrum folks who were assigned female at birth. For more information, contact transgender services at trans@thecentersd.org or 619.692.2077 x109

Thursday, May 2 & 16, 7:30pm, Non-Binary Gender Identity and Exploration

This is a discussion and support group for non-binary, genderqueer, and gender non-conforming individuals. Anyone who identifies with any part of the non-binary gender spectrum or anyone questioning/exploring their gender identity is welcome to join. This group also serves as a social gathering space for non-binary individuals, and casual social interaction is integrated with more structured discussion. 1st and 3rd Thursdays monthly, 7:30-8:45pm. For more information, contact trans@thecentersd.org or 619.692.2077 x109

Thursday, May 9 & 23, 9:30-11:30am, Free Legal Clinic

The Access to Law Initiative, a project of California Western School of Law, will now be holding its legal clinic here at The Center on the second and fourth Thursday of each month from 9:30-11:30am. At these clinics, attorneys will be available for free, 30-minute consultations to help evaluate legal issues. No appointment is required. For more information, contact transgender services at trans@thecentersd.org or 619.692.2077 x109

Viernes, 3 & 31 de Mayo, 6pm, Grupo de apoyo: Transgenero 2000

Este grupo se lleva a cabo de 6pm a 8pm, es un grupo abierto a familias, amigos y personas que quieran comprender y dar apoyo a personas transgenero, en este grupo se dan diferentes temas educativos y tambien se comparten sus experiencias de la vida. Viernes primero y cuarto mensual.

Saturdays, 5:15pm, Transgender Discussion Group **EXCEPT Saturday May 25th**

A discussion and support group for transgender and trans-questioning folks ages 18 and up. Meet lots of different members of the Trans and Gender Non-binary community. Discuss ideas and share resources. Occurs every Saturday except when the Center is closed for Holidays or LGBT events. For more information, contact transgender services at trans@thecentersd.org or 619.692.2077 x109

Check Out Our Testing Hours!

Free HIV and Hepatitis C testing is available at The Center Monday-Friday 9am-8pm (last test at 7pm) and Saturday 10am-4pm (last test at 3pm). You can make an appointment or get more information by calling 619.692.2077 x101.

****Under 25 and Looking for Transgender Resources?**

Our NEW Transgender Youth Navigator, Lucero Camarena, is available to help trans youth 25 and younger with accessing resources such as support groups, housing, surgery, hormones, mentorships, mediations with families and schools, name and gender change and more! Contact her at lcamarena@thecentersd.org or 619.692.2077 x135

Find out more at: www.thecentersd.org/programs/transgender-services/ or www.facebook.com/TGCenter/